

Test in a room that is easy to cleanup if you do have a reaction.
 Do Not place the fur on a couch or furniture during testing.
 Do Not take fur into your bedroom, as the allergen persists.
 Consult your doctor prior to testing with the fur.
 Have your medications on hand in case you do have a reaction.
 Antihistamines or prednisone may mask reactions.

- We send fur samples in a zip-lock bag.
- Place the fur on a piece of fabric or directly on your face
- Hold the fur against your face for several minutes.
- Wait an hour between trials, or test on separate days
- Take notes regarding any possible allergic reactions
 - what were the reactions, and how severe?
 - how long it was before you reacted - minutes / hours?
 - were there any differences between the two samples?

Washing your face with soap between trials will remove allergens.
 Discard the fur outside and wash any fabric or surfaces in touched.
 Until you know how you react, please be cautious.

Small samples of fur held against the face are best. Cloth placed where the cats sleep has allergens from more than one Siberian, and is not useful. Fur samples should be from several Siberians with known allergen levels. One sample should from a Siberian in the “Exceptionally Low” range, and the second sample in the “Low” range.

- Testing with samples of fur is a useful first step in reviewing allergic reactions. Anyone with moderate reactions to a tested low-allergen Siberian should not purchase a Siberian.
- Folks with allergies to horses, rabbits, gerbils, or with severe food allergies to milk, eggs, pork, or beef should also test in person at a cattery. Even if they do not react to fur, they may react to Siberians.

Allergen levels do vary strongly in the Siberian breed, and the levels in fur can rise during the spring rut season, late pregnancy, and nursing. Testing kittens can give incorrect reactions, as many people will react to kittens when they do not react to adult Siberians. Nursing kittens may trigger milk and albumin allergies. Young kittens play in the litter box, and their fur becomes covered in dust and allergens.

Normal	3.5–16 mcg	Not for homes with cat allergies.
Medium Low	2.5–3.5 mcg	Mild eye irritation and stuffy nose from cat allergies
Low	1.75–2.5 mcg	Runny nose, severe eye irritation, coughing
Very Low	1.0–1.75 mcg	Itchy skin, light sneezing, severe runny nose, mild asthma
Extremely Low	0.5- 1.0 mcg	Hives, swelling, sneezing, breathing difficulties, asthma

REQUIRED DISCLAIMER: Feline allergens can cause serious and potentially fatal reactions in some individuals. Allergen information provided is not a substitution for medical advice. We are required to recommend consulting a medical doctor prior to fur testing, visiting and/or purchasing a Siberian cat. Lundberg Siberians disclaim all liability where allergies are concerned.